

Dear Coach,

I am pleased to inform you that your application to the 7v7 has been approved.

Frederick County Maryland has implemented the following return to play protocol, which the league will adhere.



When a player or coach attends a game their presence affirms;

- a. They feel well, and are in good and free of COVID-19 symptoms;**
 - b. They do not have a fever;**
 - c. They have not been exposed to anyone who has the virus.**
- Be respectful of Physical Distancing monitors if asked about spacing issues.
 - Staff and athletes (when not participating) consistent with Maryland Strong Roadmap to Recovery Guidance should wear face Coverings.
 - Players should go to the bathroom prior to arriving at the venue, there is not guarantee bathroom facilities will be available.
 - The league will provide hand-sanitizing opportunities along with water breaks.
 - One coach and 10 participants for each team are allowed on the field.
 - Team huddles and high fives and hand shakes are suspending during participation
 - Exit and Entry points should be on opposite sides of the field to prevent any accidental crossover between groups.
 - The turn over time between games will be 10 minutes allow for groups to egress completely before the next scheduled group's arrival.
 - Non-participant attendance should be kept minimal (family only) or non-existent. Attendance must be consistent with Maryland Strong Roadmap to Recovery Guidance.
 - Those in the "at risk" categories, including those age 60+, should consider not attending.
 - All equipment should be sanitized before each game.

Coaches Registration & Reception: A coach or team representative must attend a rules and protocol virtual meeting on **August 23 (Meeting invite will be sent).**

Game Schedules: Game schedules will be posted on the web site on **August 24.**